APPENDIX A: THE JOHNS HOPKINS HOSPITAL FALL ASSESSMENT TOOL

Fall Risk Factor Category

Scoring not completed for the following reason(s) (check any that apply). Enter risk category (i.e. Low/High) based on box selected.

- ☐ Complete paralysis, or completely immobilized. Implement basic safety (low fall risk) interventions.
- ☐ Patient has a history of more than one fall within 6 months before admission. Implement high fall risk interventions throughout hospitalization.
- ☐ Patient has experienced a fall during this hospitalization. Implement high fall risk interventions throughout hospitalization.
- ☐ Patient is deemed high fall-risk per protocol (e.g. seizure precautions). Implement high fall-risk interventions throughout hospitalization per protocol.

COMPLETE THE FOLLOWING AND CALCULATE FALL RISK SCORE. IF NO BOX IS CHECKED, SCORE FOR CATEGORY IS 0.	POINTS
AGE (**SINGLE**-SELECT) ☐ 60 – 69 years **(1 point)** ☐ 70 – 79 years **(2 points)** ☐ ≥ 80 years **(3 points)**	
FALL HISTORY (**SINGLE**-SELECT) ☐ One fall within 6 months before admission **(5 points)**	
ELIMINATION, BOWEL AND URINE (**SINGLE**-SELECT) ☐ Incontinence **(2 points)** ☐ Urgency or frequency **(2 points)** ☐ Urgency/frequency and incontinence **(4 points)**	
MEDICATIONS: INCLUDES PCA/OPIATES, ANTI-CONVULSANTS, ANTI-HYPERTENSIVES, DIURETICS, HYPNOTICS, LAXATIVES, SEDATIVES, AND PSYCHOTROPICS (**SINGLE**-SELECT) ☐ On 1 high fall risk drug **(3 point)** ☐ On 2 or more high fall risk drugs **(5 points)** ☐ Sedated procedure within past 24 hours **(7 points)**	
PATIENT CARE EQUIPMENT: ANY EQUIPMENT THAT TETHERS PATIENT, E.G., IV INFUSION, CHEST TUBE, INDWELLING CATHETERS, SCDS, ETC) (**SINGLE**-SELECT) ☐ One present **(1 point)** ☐ Two present **(2 points)** ☐ 3 or more present **(3 points)**	
MOBILITY (**MULTI**-SELECT, CHOOSE ALL THAT APPLY AND ADD POINTS TOGETHER) ☐ Requires assistance or supervision for mobility, transfer, or ambulation (2 points) ☐ Unsteady gait **(2 points)** ☐ Visual or auditory impairment affecting mobility **(2 points)**	
COGNITION (**MULTI**-SELECT, CHOOSE ALL THAT APPLY AND ADD POINTS TOGETHER) ☐ Altered awareness of immediate physical environment (1 point) ☐ Impulsive (2 points) ☐ Lack of understanding of one's physical and cognitive limitations (4 points)	

***Moderate risk = 6-13 Total Points, High risk > 13 Total Points Total Points**

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