

# Directory of Diabetes Organizations and Related Websites



**This directory is an expanded list of government agencies, voluntary associations, and private organizations that provide diabetes information and resources.**

**These organizations and related websites offer educational materials and support to people with diabetes and the general public. Other sites are specific to health care professionals.**

**Links to non-federal organizations are provided solely as a service to our users. Links do not constitute an endorsement of any organization by the Army Medical Department (AMEDD) or the Department of Defense (DoD) and none should be inferred. The AMEDD and the DoD is not responsible for the content of the individual organization's web page found via these web sites or their links.**

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## DIABETES WEB SITES and RELATED INFORMATION

### **Agency for Healthcare Research and Quality (AHRQ)**

[www.ahrq.gov/](http://www.ahrq.gov/) The Agency for Healthcare Research and Quality (AHRQ) provides evidence-based information on health care outcomes, quality, cost, use, and access. Information from AHRQ's research helps people make more informed decisions and improve the quality of health care services.

### **American Academy of Family Physicians (AAFP)**

<http://familydoctor.org/> Provides online patient information and a resource for patient education booklets and pamphlets covering diabetes.

### **American Association of Clinical Endocrinologists (AACE)**

<http://www.aace.com/> AACE publishes a peer-reviewed scientific journal, "Endocrine Practice". The organization also publishes "The First Messenger" newsletter and other timely publications, such as practice guidelines, to keep members abreast of scientific developments and news.

### **American Association of Diabetes Educators (AADE)**

<http://www.aadenet.org/> AADE publishes The "Diabetes Educator," a bimonthly journal for multidisciplinary members of the diabetes healthcare team. The journal publishes the latest diabetes education research along with valuable teaching tools and techniques. AADE also produces the most comprehensive diabetes education resource, "A Core Curriculum for Diabetes Education," now in its fifth edition.

### **American Diabetes Association (ADA)**

<http://www.diabetes.org/> The American Diabetes Association publishes many books and resources for health professionals and people with diabetes. This organization also publishes "Diabetes Forecast," a monthly magazine for people with diabetes in addition to "Diabetes," "Diabetes Care," and "Diabetes Spectrum," professional journals.

### **American Dietetic Association (ADA)**

<http://www.eatright.org/> The American Dietetic Association publishes a monthly professional journal, "The Journal of the American Dietetic Association," and a monthly newsletter, "ADA Courier" and many books and other resources for consumers and professionals.

### **American Orthopaedic Foot and Ankle Society (AOFAS)**

[http://www.aofas.org](http://www.aofas.org/) An organization for practitioners who specialize in foot and ankle care and provide patient information on diabetic foot care.

**American Podiatric Medical Association (APMA)**

<http://www.apma.org/> APMA publishes a monthly magazine, “APMA News,” a monthly journal, “Journal of the American Podiatric Medical Association,” and a diabetes-specific booklet, “Your Podiatric Physician Talks About Diabetes.”

**Canadian Diabetes Association**

[www.diabetes.ca](http://www.diabetes.ca) The leading Canadian diabetes organization which is devoted to providing diabetes research information directed at professionals and patients. This site provides similar information as the ADA site and can be viewed in either French or English.

**Center for Food Safety and Applied Nutrition**

<http://vm.cfsan.fda.gov/list.html> Food and nutrition information from the U.S. Food and Drug Administration.

**Center of Excellence for Medical Multimedia (CEMM)**

<http://www.cemm.org> The Center of Excellence for Medical Multimedia is located at the United States Air Force Academy in Colorado Springs. This web site has numerous resources for patients and providers; tools, products, and a newsletter as well as research. The diabetes link is: <http://www.goodcontrol.org/content.asp>. Their “*Diabetes and You*” program is designed for anyone facing this condition. It has been developed to teach people how to control this disease. Each program section offers different insights about managing this chronic metabolic disorder and is presented in a step-by-step progression.

**Centers for Disease Control and Prevention (CDC)**

<http://www.cdc.gov/diabetes> CDC distributes several publications including a patient guide for people with diabetes (available in English and Spanish); a diabetes surveillance report; and an 8-page National Diabetes Fact Sheet; national estimates and general information on diabetes in the United States. State-based diabetes control programs develop and maintain local programs, and produce materials on diabetes for the general public and health professionals.

**Consumer Information Center**

<http://www.pueblo.gsa.gov/health.htm> This site offers publications for consumers addressing general health, diabetes, diet, and medications.

**Diabetes Action Research and Education Foundation**

<http://www.daref.org> This organization provides exercise videos designed for people with diabetes and publishes the booklet “Diabetes Self-Management: Basics and Beyond.”

**Diabetes Exercise and Sports Association (DSEA)**

[www.diabetes-exercise.org](http://www.diabetes-exercise.org) DSEA’s mission is to enhance the quality of life for people with diabetes through exercise. “The Challenge” is DSEA’s quarterly newsletter. This organization also provides pamphlets on diabetes and exercise.

## Diabetes Guideline Web Links and Related Websites

### Diabetes Frequently Asked Questions

<http://www.cdc.gov/diabetes/faqs.htm> A good site to learn about diabetes, its symptoms, types, major risk factors, and more.

### Diabetes Monitor

<http://www.diabetesmonitor.com> This site provides information for adults and children on diabetes and addresses numerous questions related to this disease.

### Diabetes Tutorial – University of Utah

<http://medlib.med.utah.edu/WebPath/TUTORIAL/DIABETES/DIABETES.html> This site is an online tutorial on diabetes with images and text for the healthcare professional.

### Dietary Guidelines for Americans

<http://www.health.gov/dietaryguidelines> Online access to the fifth edition of “Nutrition & Your Health: Dietary Guidelines for Americans,” a joint publication of the U.S. Departments of Health & Human Services and Agriculture.

### Directory of Diabetes Organizations

<http://diabetes.niddk.nih.gov/resources/organizations.htm> A database directory maintained by the National Institute of Diabetes and Digestive and Kidney Diseases lists government agencies, voluntary associations, and private organizations that provide diabetes information and resources. Some of these diabetes organizations offer educational materials and support to people with diabetes and the general public while others primarily serve health care professionals.

### Doctor's Guide to the Internet

<http://www.pslgroup.com/DIABETES.htm> Doctor's Guide was designed to help physicians cost-effectively harness the resources of the Internet and the World Wide Web. Provides the latest medical news and information for professionals and patients. Provides links to other sites.

### Endocrine Society

<http://www.endo-society.org/> The Endocrine Society publishes four professional journals: “Endocrinology,” “The Journal of Clinical Endocrinology and Metabolism,” “Endocrine Reviews,” and “Molecular Endocrinology.” Another publication, “The Clinical Endocrinology Update Syllabus,” provides practicing endocrinologists with a review of the diagnosis and management of all major components of contemporary endocrinology.

### Food and Drug Administration

<http://www.fda.gov> The Food and Drug Administration website provides a wide array of information directed at both the healthcare professional and the consumer on a variety of topics. Some areas of interest are foods, human drugs, biologics, regulations and information and medical products. Specific website for new drug information for the consumer is found at: <http://www.fda.gov/cder/consumerinfo/default.htm>

### **For Your Heart**

<http://www.4woman.gov/> Information for women about cardiovascular disease, including exercise, nutrition, smoking, diabetes, cholesterol, and high blood pressure.

### **Foundation for Accountability (FACCT)**

[www.facct.org](http://www.facct.org) A nonprofit organization dedicated to helping individuals make better health choices. The site contains information directed at educating consumers on healthcare quality; specifically quality measures for diabetes are listed.

### **Hardin Meta Directory (MD) of Internet Health Sources**

[www.lib.uiowa.edu/hardin/md](http://www.lib.uiowa.edu/hardin/md) A directory that contains a list of websites related to diabetes or other disease states.

### **Healthfinder**

<http://www.healthfinder.org> A Department of Health and Human Services search engine that allows a link for numerous diabetic related web resources and organizations. Healthfinder® is a free gateway to reliable consumer health and human services information developed by the U.S. Department of Health and Human Services. Healthfinder® can lead to online publications, clearinghouses, databases, web sites, and support and self-help groups, as well as the government agencies and not-for-profit organizations that produce reliable information for the public.

### **HealthLinks – University of Washington**

<http://healthlinks.washington.edu/> Provides educational information through links to other sites.

### **Indian Health Service (IHS)**

<http://www.ihs.gov/MedicalPrograms/Diabetes/index.asp> IHS makes many diabetes resources available including the “Diabetes Curriculum Packet,” nutrition education materials, general diabetes information, professional resources, training programs, posters, audiovisual materials, and other patient education materials.

### **Interactive Healthy Eating Index**

<http://www.usda.gov/cnpp> Provides a quick assessment of the quality of your diet, including nutrition information targeted to your specific score.

### **International Diabetes Federation (IDF)**

<http://www.idf.org/> The IDF publishes “The IDF Newsletter,” “The IDF Bulletin” and “Together We Are Stronger,” a guide to building successful diabetes associations; and “Lowering the Price of Ignorance,” a world view on diabetes education.

### **International Diabetic Athletes Association (IDAA)**

<http://www.diabetes-exercise.org/> “The Challenge” is IDAA's quarterly newsletter. IDAA also provides pamphlets on diabetes and exercise.

### **Institute for Health Care Improvement (IHI)**

<http://ihi.org/> The institute for Health Care Improvement offers resources and services to help health care organizations make dramatic and long-lasting improvements that enhance clinical outcomes and reduce costs.

### **Joint Commission on Accreditation for Healthcare Organizations (JCAHO)**

<http://www.jcaho.org> This is the Joint Commission on Accreditation for Healthcare Organizations website. It provides quality information and reports on Accredited Health Care Organizations. The user of the website has access to news releases, reporting complaints about a health care organization, a variety of sets of accreditation standards, patient safety and sentinel events, accreditation process and improvement initiatives, and ORYX performance measures.

### **Joslin Diabetes Center**

<http://www.joslin.harvard.edu/> Joslin Diabetes Center publishes books for people with diabetes and for professionals, videotapes, and other educational materials, as well as "Joslin," a quarterly newsletter.

### **Lower Extremity Amputation Program**

<http://bphc.hrsa.gov/leap> A comprehensive prevention program that has been developed at the Bureau of Primary Health Care that can dramatically reduce lower extremity amputations in individuals with diabetes mellitus, Hansen's disease or any condition that results in loss of protective sensation in the feet.

### **Medicare**

<http://www.medicare.gov> Numerous resources available including facts on the new prescription plan, health plan, nursing home, dialysis and home health comparisons, Medicare eligibility and coverage, participating physician directory, publications and more.

### **Medicines for People with Diabetes**

[www.niddk.nih.gov/health/diabetes/pubs/med/index.htm](http://www.niddk.nih.gov/health/diabetes/pubs/med/index.htm) A link from the National Institute of Diabetes and Digestive and Kidney Diseases. This site has a web-based version of a patient directed booklet "Medicines for People with Diabetes". Additionally, information is provided on the utilization, side effects, and cautions for drugs used in the treatment of diabetes.

### **MEDLINEplus**

[www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus) This site contains up-to-date, quality health care information from the National Library of Medicine at the National Institutes of Health, access to extensive information about specific diseases and conditions and links to consumer health information. Dictionaries, lists of hospitals and physicians, health information in Spanish and other languages, and clinical trials are also available.

### **Medscape**

[www.medscape.com/homepage](http://www.medscape.com/homepage) This website aims to support all healthcare professionals in their everyday practice; providing a portal to high quality evidence-based

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guideline-related information, as well as a range of teaching materials and links to other medical information sites.

### **Michigan Diabetes Outreach Network**

<http://www.diabetes-midon.org> Provides information to professionals and consumers, including professional guidelines for the management of diabetes and its complications.

### **National Diabetes Education Initiative™ (NDEI)**

<http://www.ndei.org> NDEI programs are targeted towards providers and researchers and address issues such as: epidemiology and pathophysiology of type 2 diabetes; rationale for treatment and management guidelines; microvascular and macrovascular complications of diabetes; therapeutic options for the treatment of type 2 diabetes; the team approach to management; and prevention of type 2 diabetes.

### **National Diabetes Education Program**

<http://ndep.nih.gov> Information on diabetes and pre-diabetes, resources for health, education and business professionals, diabetes awareness campaigns, and ways to develop community and organization partnerships.

### **National Diabetes Information Clearinghouse (NDIC)**

<http://www.niddk.nih.gov/health/diabetes/ndic.htm> Diabetes education materials are available free or at little cost. Literature searches on myriad subjects related to diabetes are provided. NDIC publishes “Diabetes Dateline,” a quarterly newsletter.

### **National Diabetes Quality Improvement Alliance**

[www.nationaldiabetesalliance.org](http://www.nationaldiabetesalliance.org)

This organization is a collaboration between 13 private and public national organizations dedicated to developing and maintaining a national performance measurement set for diabetes. The 2003 measurements can be downloaded from this site.

### **National Eye Institute (NEI)**

<http://www.nei.nih.gov/> NEI produces patient and professional education materials related to eye disease of diabetes and its treatment, including literature for patients, guides for health professionals, and education kits for community health workers and pharmacists. The following are titles that focus on eye disease of diabetes: “Educating People with Diabetes” (kit), “Information Kit for Pharmacists,” and “Ojo con su Visión” (“Watch Out for Your Vision”) in Spanish.

### **National Glycohemoglobin Standardization Program (NGSP)**

[www.ngsp.org](http://www.ngsp.org) This organization’s mission is to standardize glycated hemoglobin test results so that clinical laboratory results are comparable to those reported in the Diabetes Control and Complications Trial, where relationships to mean blood glucose and risk for vascular complications have been established.

**National Guideline Clearinghouse (NGC)**

<http://www.ngc.gov/> The National Guideline Clearinghouse™ (NGC) is a public resource for evidence-based clinical practice guidelines. NGC is sponsored by the Agency for Health Care Policy and Research (AHCPR) in partnership with the American Medical Association and the American Association of Health Plans.

**National Heart, Lung, and Blood Institute (NHLBI) Information Center**

<http://www.nhlbi.nih.gov/> Patient education materials are available on numerous topics including cholesterol, high blood pressure, asthma, heart disease, exercise, obesity, stroke, sarcoidosis, and Raynaud's phenomenon. Treatment guidelines for health professionals are available on high blood cholesterol, high blood pressure, and asthma. Professional materials are also available on heart and lung health in the workplace and schools. Their publication, "Heart Memo, provides program updates about cholesterol, high blood pressure, and heart attack.

**National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)**

<http://www.niddk.nih.gov/> The National Institute of Diabetes and Digestive and Kidney Diseases is the government's lead agency for diabetes research. NIDDK operates three information clearinghouses of potential interest to people seeking diabetes information and funds six Diabetes Research and Training Centers.

**National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)**

<http://www.niddk.nih.gov/health/kidney/nkudic.htm> This organization provides education materials, including the fact sheet "Kidney Disease of Diabetes" and the booklet "End-Stage Renal Disease: Choosing a Treatment That's Right for You;" literature searches on a number of topics related to kidney and urologic diseases; and "KU Notes," a semiannual newsletter.

**National Kidney Foundation (NKF)**

[www.kidney.org](http://www.kidney.org) This organization's mission is to prevent kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. Through its 51 affiliates nationwide, NKF conducts programs in research, professional education, patient and community services, public education, and donation. The work of NKF, a major voluntary health organization, is funded primarily by public donations.

**National Oral Health Information Clearinghouse (NOHIC)**

<http://www.nidr.nih.gov/> A service of the National Institute of Dental Research, NOHIC gathers and disseminates information from many sources, including voluntary health organizations, educational institutions, government agencies, and industry. NOHIC provides a variety of services to help patients and professionals obtain information including patient education materials and literature searches. "OH Notes" is NOHIC's newsletter, which is published annually.

**Nutrition Navigator**

<http://navigator.tufts.edu/> A rating guide to nutrition web sites.

### **Nutrition Education for New Americans Project**

<http://multiculturalhealth.org> This organization creates innovative programs and materials designed to teach about American foods and health practices in a culturally sensitive manner. The programs and materials are designed to respect traditional foodways while educating the target population about the pluses and minuses of American foods.

### **Online Diabetes Resources**

[www.mendoza.com/faq.htm](http://www.mendoza.com/faq.htm) This website is maintained by an individual (Rick Mendoza) who claims to have been tracking all diabetes-related web sites since February 1995. The web page carries all the major governmental and organizational diabetic related web sites, and university research affiliated sites.

### **Patient Administration Systems and Biostatistics Activity (PASBA)**

<http://www.pasba.amedd.army.mil/> The PASBA is a division of the Program Analysis and Evaluation (PA&E) Directorate, U.S. Army Medical Command (MEDCOM). All medical treatment facility patient administrators and other personnel, can access this site to obtain late-breaking news regarding: regulation updates; procedural guidelines; directives; diagnostic coding and procedure changes; and other patient administration-related activities. Providers can use this link to get to the coding help desk.

### **The Texas Diabetes Council**

[www.tdh.state.tx.us/diabetes/diabetescare](http://www.tdh.state.tx.us/diabetes/diabetescare) The Texas Diabetes Council promotes diabetes prevention and awareness throughout the state. Free diabetes education materials are available through the "Publications and Resources" section of this web site.

### **U.S. Army Center for Health Promotion and Preventive Medicine (CHPPM)**

<http://chppm-www.apgea.army.mil/> CHPPM's mission is to provide worldwide technical support for implementing preventive medicine, public health, and health promotion and wellness services into all aspects of America's Army and the Army Community rapidly responding to operational needs and adapting to a changing world environment.

### **U.S. Army Medical Command, Quality Management Directorate (MEDCOM)**

[www.QMO.amedd.army.mil/](http://www.QMO.amedd.army.mil/) This is a DoD site with information on all VA/DoD clinical practice guidelines and other quality management initiatives in the Army Medical Department. Also has re-ordering information on clinical practice guideline tool kits and lists Air Force, Navy and VA POC's for tool kit orders.

### **U.S. Department of Defense PharmacoEconomic Center (PEC)**

<http://www.pec.ha.osd.mil/> The Department of Defense PharmacoEconomic Center (PEC) provides state of the art pharmaco-economic analysis for the purpose of improving readiness by increasing value, quality, and access to medical care and pharmacotherapy within the available resources of the Military Health System. The PEC works with the VA/DoD Clinical Practice Guideline Workgroup to formulate the drug therapy components of clinical practice guidelines and associated metrics. The "PEC Update" is a newsletter

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published by the PEC to disseminate information on pharmacoeconomic or pharmacotherapeutic issues relevant to the Military Health System.

### **Veterans Health Administration (VHA)**

[http://www.oqp.med.va.gov/cpg/DM/DM\\_base.htm](http://www.oqp.med.va.gov/cpg/DM/DM_base.htm) The VHA Diabetes Clinical Practice Guidelines are a comprehensive, evidence-based document that incorporates information from several existing, national consensus, evidence-based guidelines into a format that maximally facilitates clinical decision making.

### **WebMD**

<http://www.webmd.com/> Articles and links to all diseases and medical conditions, newsletters and alerts, boards and events, medical library, clinical trials, health insurance, diet and nutrition and much more.

### **Weight-Control Information Network (WIN)**

<http://www.niddk.nih.gov/health/nutrit/win.htm> Fact sheets, pamphlets, reprints, consensus statements, reports, and literature searches on weight control, obesity, and weight-related nutritional disorders are found here. WIN's newsletter, "WIN Notes," offers health professionals the latest research findings and progress about the WIN program.