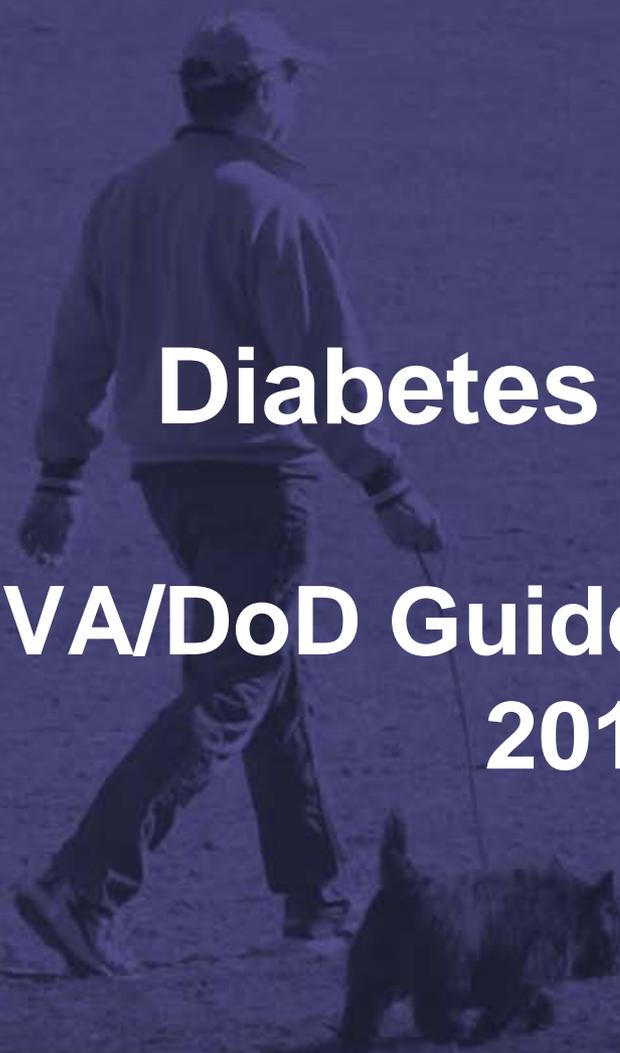




# Diabetes Mellitus

## VA/DoD Guideline Update 2010





# VA-DoD Diabetes Guideline

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- A panel of diabetes experts has updated the existing guideline to better inform providers how to screen for, diagnose, and manage diabetes based on the best available scientific evidence

[http://www.healthquality.va.gov/Diabetes\\_Mellitus.asp](http://www.healthquality.va.gov/Diabetes_Mellitus.asp)

- Useful tools have been developed that allow practitioners to easily navigate up-to-date information and apply it to their patients



## VA-DoD Diabetes Guideline

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At the leadership level, it is vital to ensure the widest dissemination of this information to promote best practices in the management of diabetes because:

- Long-term irreversible consequences can be prevented
- Lives can be saved
- Cost of health care can be significantly reduced
- **Military readiness can be enhanced (would not apply to VA)**



# VA-DoD Diabetes Guideline

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Providers should prepare themselves to implement the Guideline through:

- Self-education
- Staff training and seminars
- Local and national conferences
- Patient education



# VA-DoD Diabetes Guideline

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## Facilities should develop:

- Strategies to monitor adherence and compliance
- Self-knowledge assessments/questionnaires
- Channels for process improvement (i.e. via Clinical/Diabetes Champion at each facility)



# VA-DoD Diabetic Guideline

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## In summary:

- The VA-DoD Guideline has been updated and needs to be fully implemented
- It is an evidence-based scientific approach to improve diabetic management
- Should be utilized by all providers to ensure optimal care for diabetic patients