

Directory of Suicide Prevention Links and Related Web Sites

This directory is an expanded list of government agencies, voluntary associations, and private organizations that provide suicide prevention or information and resources.

These organizations and related websites offer educational material and support to the general public and/or health care professionals.

Links to non-federal organizations are provided solely as a service to our users. Links do not constitute an endorsement of any organization by the Army Medical Department (AMEDD) or the Department of Defense (DoD) and none should be inferred. The AMEDD and the DoD is not responsible for the content of the individual organization's web page found via these web sites or their links.

Links checked and working as of June 2002.

Suicide Prevention Organizations and Related Websites

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Suicide Prevention Organizations and Related Websites

Government Sites

Centers for Disease Control (CDC)

www.cdc.gov/safeusa/suicide.htm

This URL is the address to the CDC's Suicide Prevention web page. Topics include facts on suicide, prevention tips, emergency numbers and links to other suicide related/prevention web sites.

MEDLINEplus

www.nlm.nih.gov/medlineplus

This site contains up-to-date, quality health care information from the National Library of Medicine at the National Institutes of Health. The site offers access to extensive information sources concerning specific diseases and conditions. There are links to consumer health information, including dictionaries, lists of hospitals and physicians, health information in Spanish and other languages, and on-going clinical trials.

National Institute of Mental Health (NIMH)

www.nimh.nih.gov/research/suicidefaq.cfm

Addresses "Frequently Asked Questions About Suicide."

Navy Environmental Health Center

www-nehc.med.navy.mil/

This is an excellent site with a model tobacco cessation program. It has a section dedicated to Suicide Prevention. The section covers topics such as, myths about suicide, suicide information, risks and warnings, presentations, what to do, and survivors of suicide.

The Surgeon General's Suicide Prevention Call To Action

www.surgeongeneral.gov/library/calltoaction/default.htm

This site addresses United States suicide statistics, suicide among the elderly, the young and special populations, HHS initiatives addressing suicide risk factors, and the Surgeon General's suicide prevention recommendations.

U.S. Air Force Medical Service

<https://phsd.afms.mil/phso/toolkits/suprev/>

This is the website of the Population Health Support Division, U.S. Air Force Medical Service. The Suicide Prevention Education and Resources section of the website provides a safety net of support services for families that ensures a healthy and fit force and assistance to those in need. It offers a curriculum guide, policy and guidelines, and squadron commander's suicide prevention resources.

U.S. Army Center for Health Promotion and Preventive Medicine (CHPPM)

<http://chppm-www.apgea.army.mil/dhpw/Readiness/suicide.aspx>

This site contains the Army's Suicide Prevention Resource Manual; slides from the Suicide Prevention Program, lesson plans and several brochures and cards.

Suicide Prevention Organizations and Related Websites

Government Sites (cont)

U.S. Army Medical Command, Quality Management Directorate

www.cs.amedd.army.mil/Qmo

This is a DoD site with information on all VA/DoD clinical practice guidelines and other quality management initiatives in the Army Medical Department. The site also has re-ordering information on clinical practice guideline tool kits in addition to Air Force, Navy and VA Point of Contacts for tool kit ordering.

U.S. Marine Corps Suicide Awareness and Prevention

<http://www.usmc-mccs.org/perssvc/prevent/suicide.asp>

The Suicide Awareness and Prevention Program is found on this web site. Information includes suicide-warning signs, protective factors, frequently asked questions, and suicide prevention resources. The Suicide Prevention Training Kit and video can be ordered from a link on this page.

U.S. Navy Behavioral Health Branch

www.persnet.navy.mil/pers601/index.html

This site offers a web-based suicide prevention-training program. The Suicide Prevention Training Kit and video can be ordered from a link on this page. A comprehensive stress management page with posters, brochures, relaxation strategies, resources, stress educational information and more are included.

U.S. Navy Suicide Home Page

www-nehc.med.navy.mil/hp/suicide/index.htm

Interesting web page providing information on suicide facts, warning signs and risk factors, suicide myths, brochures, posters, suicide survivors and more.

U.S. Navy Suicide Prevention Training Home Page

www-nehc.med.navy.mil/hp/suicide/pres/index.htm

This site provides a Suicide Prevention Program Kit - Taking Action Saving Lives, which includes a suicide prevention manual, transparencies and a video.

Veterans' Health Affairs, Office of Quality and Performance

www.oqp.med.va.gov/cpg/cpg.htm

Implementation of evidence-based clinical practice guidelines is one strategy VA has embraced to improve care by reducing variation in practice and systematizing "best practices".

Professional and Private Organization Sites

American Association of Suicidology

www.suicidology.org/index.html

This site is designed as a resource for anyone concerned about suicide, including researchers, therapists, prevention specialists, survivors of suicide, and those in crisis.

Suicide Prevention Organizations and Related Websites

Professional and Private Organization Sites (cont)

American Foundation for Suicide Prevention

www.afsp.org/index-1.htm

The American Foundation for Suicide Prevention is dedicated to advancing the knowledge of suicide and prevention. This site includes articles on prevention, statistics, a survivor's support group, support group training, and other topics of interest

HuddleStone On Line

www.huddlestone.com

This website is a resource for the gay, lesbian, bisexual and transgender service member and veteran who may need help because of being suicidal. Suicide Hotlines are provided and could be most useful to the caller.

Mayo Clinic

www.mayoclinic.com/invoke.cfm?objectid=A4EF5844-FEEC-4750-B28F7395715FBCCD

Reviews risks, warning signs, coping with suicidal thoughts, emotions, and seeking help. Many other related mental health topics are found here.

Mental Help Net

http://mentalhelp.net/poc/center_index.php?id=9suicide/symptom.htm

Informational topics are provided on suicide and suicide prevention includes brochures, videos, a self-help sourcebook, medication information, book reviews, access to journals and more. This site also lists available conferences and workshops.

National Depressive and Manic Depressive Association

www.ndmda.org/suicide.html

A comprehensive web page that provides information on many topics related to suicide - recognizing warning signs, how to help a friend or loved one, what to do in an emergency situation, treatment facts, support group information, and more.

National Strategy for Suicide Prevention

www.mentalhealth.org/publications/allpubs/SMA01-3517/default.asp#toc

The Center for Mental Health Services (CMHS) is the Substance Abuse and Mental Health Administration's national mental health services information center. The Knowledge Exchange Network provides information about mental health via a toll-free telephone number: (800-789-2647). Provides information on suicide awareness, intervention and research.

Risk Management Foundation

www.rm.f.harvard.edu/rmlibrary/clinical-guidelines/suicide/suicidequ7/index.html

This site contains the guidelines for the identification, assessment, and treatment planning for suicidality as developed by the Harvard Medical Institution. Contains other medical and psychiatric guidelines, advisories and algorithms.

Suicide Prevention Organizations and Related Websites

Professional and Private Organization Sites (cont)

Screening for Mental Health, Inc

<http://www.mentalhealthscreening.org/suicide.htm>

This is a nonprofit organization developed to coordinate nationwide mental health screening programs and to ensure cooperation, professionalism, and accountability in mental illness screenings. All are community-based programs whose screenings are free and anonymous. Local health professionals conduct all the community-based programs with materials provided by Screening for Mental Health. The Interactive Screening Programs provide customized referrals to mental health professionals.

Suicide Awareness Voices of Education (SAVE)

www.save.org/

The mission of SAVE is to educate about suicide prevention and to speak for suicide survivors. Good informational site for suicide prevention tips, facts and suicide related topics as well as brochures and posters, information on support groups, book reviews, survivor coping strategies and other useful information.

Suicide Information and Education Center

<http://www.suicideinfo.ca/>

Contains suicide information and educational resources as well as suicide prevention training programs. Supports downloadable pamphlets, cards and information kits on a variety of subjects (some resources include a cost).

Suicide Prevention Triangle

www.suicidepreventtriangle.org

This website contains material that is highly academic in nature. Thus, it would be much less likely to appeal to the average person having the suicidal tendencies/ideations. It discusses, at length the conceptual model for suicide. The target audience for this website is the gatekeeper and caregivers. The information offered is very comprehensive and offers them with excellent reference material on the topic, and a conceptual framework of this topic.

The Nemours Foundation

www.kidshealth.org

This website has a section dedicated to understanding teenage suicide. It covers issues such as these: statistics, risk factors, warning signs, actions that can be taken by parents, providing help to the depressed teen, coping with loss, and if you lost a child to suicide.

Virtual Navy Hospital

www.vnh.org

This website is a digital health sciences library designed to deliver expert medical information to providers and patients at the point-of-care in order to help providers take better care of their patients and help patients live healthier lives.

Suicide Prevention Organizations and Related Websites

Professional and Private Organization Sites (cont)

Yellow Ribbon Suicide Prevention Program

www.yellowribbon.org

The Youth Suicide Prevention Education Program is a program started by a parent of a young man who committed suicide. This multidimensional program presents a forum for young people, and an education and information center for parents, teachers, mental health professionals, legal advocates and clergy. It has topics of interest pertaining to suicides amongst all age groups.

Youth Suicide Prevention Education Program

www.yspep.org

This site seeks to prevent suicide among adolescents and young adults by providing information and resources to youth, parents and the community. It offers information about suicides in general, answers frequently asked questions, coping with suicide teens, elders, minority groups, depression, alcohol and suicide, firearms and suicide.

Miscellaneous Sites

Medscape

www.medscape.com/homepage

The CEBMH website aims to support all mental health professionals in their everyday practice; providing a portal to high quality evidence based mental health information, as well as a range of teaching materials. The website also seeks to destigmatise mental health through the dissemination of user-friendly evidence based patient information.

Wellmed

www.wellmed.com

Wellmed tailors the content of its information to the individual needs of each user. The health information that WellMed delivers can also help people communicate their health care requirements more effectively to employers, health plans and care providers. Specific sites address mental health and substance use issues.