



ATTN: Chiefs of Medical Staff, Performance Improvement Staff, Department Heads, and Providers
** Please forward to the Chief of Clinical Services and applicable personnel within your facility**

Depression Detection and Management in the Direct Care System

Offered Wednesday, November 30, 2005–Wednesday, November 29, 2006
Approved for CME, CNE, PA, & General Credit

FREE On-line Educational Activity

Offered by TRICARE Management Activity (TMA), National Quality Management Program (NQMP) Scientific Advisory Panel, and Uniformed Services University of the Health Sciences (USUHS)

Faculty: COL Michael Custer

Target Audience: Physicians, nurses, psychologists, social workers, physician assistants, and performance improvement staff.

Educational Format: Web-based lecture (audio feed with simultaneous PowerPoint slides) with an opportunity to ask questions via e-mail to an NQMP Special Studies representative.

Subject: Review of Depression and the findings and recommendations from the 2004 NQMP study, "Depression Detection and Management in the Direct Care System."¹

Overview: This presentation gives an overview of depression and the findings of the 2004 NQMP Depression Detection and Management quality study. The special study focus was three fold and encompassed active-duty, National Guard/Reserve members of the military and Non-Active Duty eligible adult beneficiaries of the TRICARE system. It included:

1. Detection and Prevalence – to estimate the prevalence and burden/workload of depression in the MHS, and whether providers are screening for depression.
2. Management – to describe the course of care among individuals with depression.
3. Comorbidity – to characterize illness characteristics among individuals with depression.

Learning Objectives:

1. Review background information on Depression
2. Review key findings of the NQMP 2004 Special Study on Depression in the DCS
3. Identify three comorbid conditions that may be associated with the diagnosis of depression
4. Identify two opportunities for improvement in the screening and management of depression in the DCS

Depression Detection and Management in the Direct Care System (DCS) Fact Sheet
<http://www.nqmp.info/ed/content/factsheet/download/Depression2004.pdf>

Continuing Education Credit Designation and Accreditation:

Continuing Medical Education (CME): This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of USUHS and TRICARE Management Activity and the National Quality Management Program. USUHS is accredited by the ACCME to provide continuing medical education for physicians.

USUHS designates this educational activity for a maximum of 1.0 category 1 credit(s) toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he or she spent in the activity.

Continuing Nursing Education (CNE): This activity, for 1.2 contact hours, is provided by the Uniformed Services University of the Health Sciences (USUHS), which is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Physician Assistants CME: The activity is designated for 1 AMA PRA Category 1 credit. The American Academy of Physician Assistants (AAPA) accepts AMA Category 1 CME credit from organizations accredited by ACCME to provide continuing medical education for physicians.

Certificate of Completion: A certificate of completion is available for participants who are not eligible to receive continuing education credits for this activity. In order to receive a continuing education certificate or certificate of completion, participants must complete the following components: · View the on-line presentation · Read the accompanying fact sheet · Complete the post-test (and receive a minimum passing score of 80%), and · Submit an evaluation form. Links to all of these components can be found on the main information Web page for this education activity. Certificates will be issued electronically after successful completion. Credit is available from November 30, 2005, through November 29, 2006.

Registration: This activity is available at http://www.nqmp.info/ed/content/online_fr.htm, 24 hours a day, 7 days a week through 11/29/2006. There is no charge to participate.

Faculty Bio: COL Michael Custer, DrPH., has 23 years nursing experience with 15 years in advanced practice and extensive experience working as the director of community health nursing and preventive medicine offices in Ft Greely, Alaska, Fort Carson, Colorado, and Fort Bliss, Texas. He is currently the Program director at Center for Health Promotion and Preventive Medicine developing assessment tools and programs to enhance all aspects of healthy lifestyles which included weight management and weight reduction programs.

COL Custer has no other relationships to disclose.

¹ TRICARE Management Activity (TMA). 2004. "Depression Detection and Management in the Direct Care System (DCS): A National Quality Management Program (NQMP) Special Study." Lockheed Martin Federal Healthcare, Inc.