

 **Sports Medicine**
  Version 1.0

  Physicians requesting privileges in this specialty must also request privileges in their primary discipline.

  Scope

 **P389208:** The scope of privileges for sports medicine includes the evaluation, diagnosis, treatment, provision of consultation and nonoperative management of patient of all ages with acute and chronic medical illnesses and injuries related to sports and exercise. Providers may apply basic nutritional principles to exercise and educate patients on the psychological aspects of exercise, performance, competition, physical fitness and healthy lifestyle. Sports Medicine physicians educate and monitor effects of performance-enhancing and mood-altering drugs.

  Diagnosis and Management (D&M):

 **P389210:** Prescription of modalities, including hydrotherapy, ultraviolet and infrared light, microwave, short-wave and ultrasound diathermy, heat and cold modalities, electrical stimulation, transcutaneous electrical nerve stimulation, phonophoresis and iontophoresis

 **P388341:** Pulmonary function testing and interpretation

  Procedures:

 **P389212:** Local hematoma anesthetic block of a fractured bone

 **P389214:** Injection of epidural steroids

 **P389216:** Perform and interpret VO2 maximum uptake

 **P389218:** Perform and interpret Wingate testing

 **P389220:** Trigger Point therapy

 **P389222:** Isokinetic testing and Interpretation

 **P389224:** Musculoskeletal/Oeopathic Manipulation

 **P389228:** Ultrasound-guided procedures

 **P389230:** Electrodiagnostic studies (electromyography and nerve conduction)

 **P389232:** Musculoskeletal Extracorporeal Shock Wave Therapy

 **P389234:** Arthrogram

 **P389236:** Botulinum Toxin Injection Therapy for pain management

 **P389238:** Prolotherapy (traditional and biologic agents for regenerative effect)

 **P388500:** Reduction of simple closed fractures and dislocations

 **P389240:** Reduction of complex closed extremity fractures

 **P389242:** Compartment pressure testing, needle transducer

 **P389244:** Heat Tolerance testing

 **P389246:** Bone Marrow Aspiration - Non diagnostic

 **P391125:** Cardiac stress test

 **P384998:** Fluoroscopic guided procedures

 **P387333:** Regional nerve block anesthesia

  Procedure Advanced Privileges (Requires Additional Training):

 **P389248:** Echocardiography level 1

 **P388166:** Exercise stress echocardiography

 **P389250:** Ultrasound, musculoskeletal, diagnostic

 **P388743:** Muscle biopsy

  Other (Facility- or provider-specific privileges only):