

***** Privacy Sensitive Data *****



Jane Doe

30 / xxxx

- I am aged 50 or greater and I have not had a colon cancer screening.** Colon cancer is the second leading cause of cancer deaths in the USA. African Americans need to be screened beginning at age 45.
- I am Asthmatic.** Please check to be sure I have been prescribed a long term medication to help control my asthma symptoms!
- Flu Shot** I need my Flu shot every year. It is the safest way to prevent complications for asthmatics!
- Pneumonia** I need my Pneumovax. All asthmatics are at high risk of pneumonia complications.
- Spirometry** I haven't been to spirometry to measure my asthma severity. CONSULT me to SPIROMETRY!
- I am Diabetic.** Please review my labs and medications in the Clinical Portal to ensure I'm getting the best care!
- Flu Shot** I need a Flu shot every year. Diabetic patients are at high risk for Flu complications.
- Pneumonia** I need my Pneumovax. Diabetic patients need extra protection from pneumonia.
- Foot Exam** I need a foot exam. Please ask me to take my shoes off to examine my feet.
- I use tobacco product and need help to quit!** Tobacco cessation therapy is effective and should be offered to every smoker or dipper at every clinic visit. Order CHANTIX using CONSULT to SMOKE TOBACCO CESSATION - NHJ/BHC. Inform patient to give 1 day to pick up meds at Pharmacy. Order other Tobacco Cessation medications using "SMOKE" as medication order. Use SMOKE TOBACCO CESSATION - NHJ/BHC consult to provide patient with follow up care and medication refills.

FOR OFFICIAL USE ONLY(FOUO) Privacy Act of 1974 Applies

***** Privacy Sensitive Data *****

Flu Shot I need a Flu shot every year. All cigarette smokers are at high risk for flu complications.

Pneumonia I need my pneumovax. Vaccine against pneumonia is indicated for all smokers.

Spirometry I am age 40 or greater and I still smoke. Consult me to SPIROMETRY to assess for early stages of lung disease.

I am overweight and need to discuss my treatment options with my provider. We can offer nutrition classes and should screen you for diabetes, thyroid disease and elevated cholesterol. Consider CONSULT to your Wellness Center for HEALTHY WEIGHT - NHJ/BHC.

My PAP is overdue! PAP smears help to prevent cervical cancer in women. Women should have their PAPs done every 1-3 years based on their age and other factors.

My Mammogram is overdue! Breast cancer can be prevented. Mammograms need to be performed every 1-2 years for women aged 40-50 and every year thereafter.

I am pregnant and I have not had my flu shot. Please send me over to the Immunizations Clinic for my flu shot.

Adults get shots too! Vaccines are good medicines.

Shingles I am age 50 or greater and have not had the vaccine to prevent shingles. I had chicken pox as a child but never had shingles.

Pneumonia I am age greater than 65 and have not had the pneumonia vaccine.

Whooping Cough I have not had the vaccine for whooping cough. Help me protect the small children I may be in contact with! Tdap's save lives!

FOR OFFICIAL USE ONLY(FOUO) Privacy Act of 1974 Applies

*** Privacy Sensitive Data ***

DIABETES ACTION PLAN

Doe, Jane | 30 / xxxx

Healthy Weight Control Goal BMI < 25

Date: _____

Do you take an aspirin a day? _____

How well is your blood pressure controlled? _____

Consider CONSULT to Wellness Center for our Healthy Weight Program

My BMI is: _____

Have you seen your dentist recently? _____

Do you use a tobacco product? _____



Last A1c: Goal < 6.5

Date: 07/20/2011 A1C: 10.0

Date: 04/07/2011 A1C: 9.8

When do I RECHECK my A1C?

Bad Cholesterol: LDL Goal < 100

Date: 07/20/2011 LDL: 115

To keep my bad cholesterol as low as possible in addition to diet control and exercise I use:

When do I RECHECK my cholesterol?



Last Foot Exam:

Last Exam Date: 07/06/2011

Should be done at least once a year to help prevent foot infections.

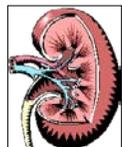
Exam:

Last Eye Exam:

Last Exam Date: 11/02/2010

Should be seen by eye doctor once a year to screen for eye problems due to diabetes.

CONSULTED for care: YES NO



Kidney Function \ GFR:

Date: 07/20/2011

GFR: 51.9242 Microalbumin: **10.2**

Diabetes causes kidney damage. Be sure to discuss with your provider if your GFR is less than 60!

Nutrition Consult:

Last Consult: 04/07/2011

All diabetic patients should be consulted to talk with a nutritionist.



Flu Shot: (Nov-Mar)

Date Documented: 09/23/2010

Flu complications are more common in diabetic patients. Every year you should get the Flu shot.

SEND me to immunizations clinic:

PneumoVax / Tdap:

Date Documented: None

Tdap / Whooping Cough Date Documented: None

Pneumonia and whooping cough are both important for



FOR OFFICIAL USE ONLY(FOUO) Privacy Act of 1974 Applies

***** Privacy Sensitive Data *****

CONSULTED for care:

YES NO

diabetic patients to be protected from.

FOR OFFICIAL USE ONLY(FOUO) Privacy Act of 1974 Applies

***** Privacy Sensitive Data *****