

DIABETES.

HEART DISEASE.

ASTHMA.

DEPRESSION.

What do these illnesses have in common?

Untreated, they can be deadly. Depression is a disease, not a weakness, and can lead to suicide.

Fortunately, depression can be treated and lives saved when symptoms are recognized and medical help is sought.

Depression
Treat it as if your
life depended on it.



save.

Suicide Awareness Voices of Education™

